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Raising The Runes: A Shamanic Journey Through Avalon



Synopsis

The book *Raising the Runes: A Shamanic Journey Through Avalon* is more than a how-to-read-the-runes manual. Author Jeremy R. J. White's mission in writing it was to let the reader know how the runes changed his life, and to inspire others to take up reading the runes as a challenge to the self. The old way of going to a shaman, psychic or 'fortune teller' and giving them the power to tell the story of a seeker's own inner wisdom is over. Only you can read the runes for yourself and then learn to live by their guidance. In *Raising the Runes*, readers learn to choose a rune, call in spirit guides, do a chant of protection and lift the veil between realms of conscious perception. As you read the stories of the runes, keep an open mind and let the source of the runes flow through you. Odin, the Great Father, will lead you to write your own holy book, and show you a better way to live. Each man or woman's runic journey is completely their own, but there is much joy when two or more meet to discuss their experiences with each individual rune. Each person's quest is a road of wisdom. The runic path of exploration has been blocked by dogma for centuries. It is only now, at the beginning of the 21st century that the road ahead is clear. The more we talk about and share experiences with the runes, the well of knowledge, wisdom, self-empowerment and love grows larger. Each generation must take a few more steps further on this road. In the words of Odin: "Blessings to all who find new life in the old ways."

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Customer Reviews

Jeremy R. J. White was born in 1963 just outside of London, England to Barry and Rona White,

scrap metal dealers and horse traders. He had a glorious childhood, living in both the home counties and Wales. Magic was all around him but it was never spoken of in public. At the age of 19, Jeremy got a job in a shady West End casino in London and from there his life took on a gypsy existence. He traveled the world, setting up and working in gaming establishments for a variety of rather dubious characters. In 1996, he became seriously ill and gave up the casino work. Upon recovery, he managed his father's pub, then left to start his own business running corporate events such as paintballing, Four-by-Four days out, casino- and James Bond-themed weekends. The deals got dodgier and dodgier until 2006, when this 'house of cards' collapsed. He divorced, lost his home and the ability to live with his three beautiful children. Thoughts of suicide entered his mind; love for his family prevented the act. It was then and only then did Jeremy clearly hear the voice of spirit: Odin. It was Odin, the Great Father, who came to Jeremy in a vision, grabbed him by the scruff of the neck and told him he had work to do. It was then when Jeremy realized he had been interested in psychic phenomena since childhood, but kept it secret and hidden. It was only when he had lost everything that could be what he always had known he was: A shaman.

You could go visit a shaman in person, or you could read this book and FEEL like you are visiting a shaman in person! Jeremy White is very knowledgeable about the power and meaning of the ancient rune stones, and he shares his experiences with them in a way that is entertaining and allows readers to seek their own truths regarding their perspective on the runes and their role in modern life. What is most fascinating is the way that White's voice comes through his stories...I felt as if each chapter could be an adult bedtime story, a launching tool into a dream-state adventure of my own. If you are curious about the runes, this book is a great place to begin learning about them and using them under your own power of perception as White shows how it is done. He is a master of description, of heart-centered openness to human life and in the way he stays open to what the unseen world wants to impart.

This book is truly a wonderful read, with personal stories attached to each of the Runes, presented in a very humble and entertaining fashion. I feel that this is the way the Runes may have been originally taught, through personal stories, designed to be shared and read to the family, gathered around the fire. More importantly, Jeremy has provided the reader with a format for them to take upon themselves their own journey with the sacred Runes, and to become active participants in the energy of these sacred symbols.

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